**DISHES AND THEIR ALLERGEN CONTENT – Interim 2020 hospitality menu Bento boxes Allergens**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
|  | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| **Bento Box *Standard version*** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade Sandwiches |  | Y | Y | Y | Y |  | Y | Y | Y |  |  |  |  |  |
| Baked Sausage Roll |  | Y |  | Y |  |  | Y |  |  |  |  |  |  | Y |
| Crudities & Dip | **Y** |  |  |  |  |  |  |  |  |  |  | Y |  |  |
| Half a Cheese and Tomato Tartlet |  | Y |  | Y |  |  | Y |  |  |  |  |  |  |  |
| Ready Salted Crisps |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sliced Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Traditional Bento Box *Vegetarian version*** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade Sandwiches |  | Y |  | Y |  |  | Y |  | Y |  |  |  |  |  |
| Baked Cheese Roll |  | Y |  | Y |  |  | Y |  |  |  |  |  |  |  |
| Crudities & Dip | Y |  |  |  |  |  |  |  |  |  |  | Y |  |  |
| Half a Cheese and Tomato Tartlet |  | Y |  | Y |  |  | Y |  |  |  |  |  |  |  |
| Ready Salted Crisps |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sliced Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Vegan Bento Box** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade Sandwiches |  | Y |  |  |  |  |  |  |  |  |  |  |  |  |
| Crudities & Humus Dip | Y |  |  |  |  |  |  |  |  |  |  | Y |  |  |
| Onion Bhaji & Vegan Yoghurt | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |
| Cous Cous Salad | Y | Y |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable crisps |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sliced Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Cake |  | Y |  |  |  |  |  |  |  |  |  |  |  | Y |
| **Ploughman’s Bento Box *Standard version*** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mature Cheddar Cheese  |  |  |  |  |  |  | Y |  |  |  |  |  |  |  |
| York Ham |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pork Pie |  | Y |  | Y |  |  | Y |  | Y |  |  |  |  | Y |
| Free Range Boiled Egg |  |  |  | Y |  |  |  |  |  |  |  |  |  |  |
| Pickle  |  | Y |  |  |  |  |  |  |  |  |  |  |  | Y |
| Pickled Onion |  |  |  |  |  |  |  |  |  |  |  |  |  | Y |
| Fresh Baked Roll  |  | Y |  |  |  |  |  |  |  |  |  |  |  |  |
| Sliced Fruit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Bento Dessert Choices** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate Brownie, GF |  |  |  | Y |  |  | Y |  |  |  |  |  |  |  |
| Flapjack |  |  |  | Y |  |  | Y |  |  | Y |  |  |  |  |
| Vegan Cake |  |  |  | Y |  |  | Y |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| Review date:  | 8th September 2021 | Reviewed by: | Robert Stratton, Executive chef | Food Standards Agency food.gov.uk | You can find this template, including more information [at www.food.gov.uk/allergy](http://www.food.gov.uk/allergy) |